

1 in 5
people say they
have a financial plan



Happy
New
Year!

Start off the year by resolving to stick to a budget. As a rule of thumb, spend no more than 50% of your take-home pay on essential expenses such as mortgage or rent, health care, utilities, and food; aim to save 15% of your salary for retirement (this includes any employer contribution); and set aside 5% for unexpected expenses such as car or home repairs.



Investing involves risk, including risk of loss.

Based on 368,900 responses from Fidelity Investments Financial Wellness Money Check-up from October 2017-June 2018.

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Start the New Year off right, please visit [Fidelity](#) or [TIAA](#) to review or make changes to your University of Arkansas Retirement Savings Plan!

Quick reminder!

Please take a moment to visit the Financial Wellness tool we rolled out earlier this year to help with current and future financial questions. This tool provides easy access to articles, videos, workshops, and more on a variety of financial wellness topics.

To access the University of Arkansas Financial Wellness tool, [click here](#).



Plan for Life | Helping all employees live well financially, now and into retirement.

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