

## Your well-being is what matters most.

Unresolved medical issues can take a serious toll on your work and home life. To help you through difficult times, the UnitedHealthcare Member Assistance Program (MAP) provides members and their families personal and confidential support, available 24 hours a day, 7 days a week.

### The help you may need, at no extra cost.

- **Unlimited phone access to master's-level specialists, 24/7.**
- **Up to 3 referrals for face-to-face counseling sessions.**<sup>1</sup> Our national network includes 144,000+ clinicians.\*
- **One legal consultation of 30 minutes.** You can choose to meet with an attorney by telephone or in-person to discuss legal concerns. You can also retain an attorney for ongoing services at a 25% discounted rate.\*\*
- **A 30 – 60 minute financial consultation.** Credentialed financial professionals can help discuss estate taxes and other financial matters with you.
- **Access to liveandworkwell.com.** From your desktop, mobile device or smartphone, you can easily and securely find a provider, discover community and work-life resources near you, and quickly and confidentially connect to expert guidance. You can also access news, events and thousands of expert articles and advice.

Maintaining your privacy and confidentiality is of the greatest importance. All records, referrals and evaluations are kept private and confidential in accordance with federal and state laws.

### Access your MAP benefit today.



Call **1-877-660-3806**, TTY **711**, for personal and confidential assistance. Translators are available for non-English speakers.



Visit [liveandworkwell.com](https://liveandworkwell.com).

There are 2 ways to access:

Sign in using your **HealthSafe ID**<sup>®</sup> to securely access your personal benefit information.

Enter anonymously using access code: **FP3EAP**.



<sup>1</sup>Optum internal network analysis, February 2019.

\* There is no charge for referrals or for seeing a clinician within our network for up to 3 visits per issue.

\*\* Due to the potential for a conflict of interest, legal consultation will not be provided on issues that may involve legal action against UnitedHealthcare, its affiliates or any entity through which the caller is receiving services directly or indirectly.

Noninsurance services are offered only on specific lines of coverage and are not insurance. These services may be modified or terminated at any time, may not be available in all states and may vary depending on state laws and regulations. Employee Assistance Program (EAP) is offered through Optum. Optum is an affiliate of UnitedHealthcare.

UnitedHealthcare Life and Disability products are provided by UnitedHealthcare Insurance Company and certain products of the coverage, call or write your insurance agent or the company. The policies have exclusions, limitations, reductions of benefits, and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, call or write your insurance agent or the company. Some products are not available in all states. UnitedHealthcare Insurance Company is located in Hartford, CT and Unimerica Life Insurance Company is located in Milwaukee, WI.