



10/07/2020

Dear University of Arkansas System Member,

Re: Incentives for participation in the healthy heart management program

Increasing medical and prescription drug expenses in the University's self-funded health plan are among the many challenges facing the University. As we work to meet these challenges in the health plan the University will suspend the current incentives associated with the healthy heart program effective January 1, 2021. With this change, coverage for medications and supplies will remain available through the University health plan at the standard out-of-pocket costs as paid by other plan members for their medications and supplies. Additionally, the current healthy heart management support, education and coaching services will remain available through UMR.

The health plan is not abandoning health improvement support for members but hitting the pause button. We believe disease management programs can be very beneficial. Over the coming months we will work with health care providers to identify disease-specific programs more likely to support the improvement of health conditions for participants with corresponding cost savings for the health plan. Ideally these programs will reduce disease progression and improve overall health conditions for participants managing these disease conditions. We look forward to sharing new strategies for the 2022 plan year.

Sincerely,

University of Arkansas Pharmacy Advisory Committee

*The University of Arkansas System's' prescription drug formulary, administered by MedImpact, is maintained by the University of Arkansas System's Pharmacy Advisory Committee. The Pharmacy Advisory Committee is composed of both faculty and clinical pharmacists, who advise the Committee on the most recent medical research results. The recommendations by the committee are based on the latest available evidence-based studies.*