

# **COBRA\* Monthly Rates**

## **Continuation of Medical, Dental or Vision**

Effective January 2023

**These rates include the 2% administrative fee.**

\* The Consolidated Omnibus Budget Reconciliation Act of 1986 (COBRA) is a federal law which mandates continuation of group health care insurance plans, at workers' expenses, after a worker leaves an employer. The University of Arkansas outsources COBRA benefits administration to:

UMR COBRA ADMINISTRATION  
P.O. Box 1206  
Wausau, WI 54402-1206  
PHONE (toll-free): 1-800-207-1824  
EMAIL: [MyCOBRA@UMR.com](mailto:MyCOBRA@UMR.com)  
WEB PORTAL: <https://mycobra.tpa.com>

<b>MEDICAL</b>	<b>Classic Plan</b>	<b>Premier Plan</b>	<b>Health Savings Plan</b>
Single coverage for Employee Only, Spouse Only, or Child Only	\$ 503.37	\$762.33	\$ 436.99
Employee and Spouse	\$ 1,175.59	\$ 1,801.97	\$ 994.48
Employee and Child(ren), or Spouse and Child(ren), or Children only	\$ 941.75	\$ 1,423.47	\$ 819.08
Employee, Spouse and Child(ren)	\$ 1,623.76	\$ 2,485.58	\$ 1,387.67

### **DENTAL**

Single coverage for Employee Only, or Spouse Only, or Child Only	\$ 32.64
Employee and Spouse	\$ 67.32
Employee and Child(ren), or Spouse and Child(ren), or Children only	\$ 56.81
Employee, Spouse and Child(ren)	\$ 91.49

### **VISION**

	<b>Basic</b>	<b>Enhanced</b>
Single coverage for Employee Only, or Spouse Only, or Child Only	\$ 4.78	\$ 9.67
Employee and Spouse	\$ 9.50	\$ 19.11
Employee and Child(ren), or Spouse and Child(ren), or Children only	\$ 9.29	\$ 18.74
Employee, Spouse and Child(ren)	\$ 14.13	\$ 28.48

