

#### **APRIL WEBINARS**

## Financial know-how starts here.

Register for TIAA's live webinars to get financial information, news and tips from our experts.

Reserve your spot by registering now at by clicking the registration links below. These webinars are part of your retirement plan benefits.

#### **April**

09

### Quarterly economic and market update

Hear from the experts in our Wealth Chief Investment Office about key drivers of the markets and economy that are impacting investors. Noon to 1 p.m. (ET) 11 a.m. to noon (CT) 10 a.m. to 11 a.m. (MT) 9 a.m. to 10 a.m. (PT)

**Reserve your spot** 

#### **April**

**16** 

## **Planning for life milestones**

A lot of big events in life can impact your longterm financial well-being. In this webinar we'll look at what you can do to prepare for and manage these key milestones if and when they happen to you. Noon to 1 p.m. (ET) 11 a.m. to noon (CT) 10 a.m. to 11 a.m. (MT) 9 a.m. to 10 a.m. (PT)

Reserve your spot

#### **April**

24

# Navigating the sandwich generation: Financial strategies for the caregiving squeeze

Nearly a quarter of U.S. adults are in the "sandwich generation", caring for aging parents while supporting adult children. We'll explore ways to navigate this challenging time without sacrificing your sanity or your retirement.

3 p.m to 4 p.m. (ET) 2 p.m. to 3 p.m. (CT) 1 p.m. to 2 p.m. (MT) 12 p.m. to 1 p.m. (PT)

Reserve your spot



This material is for informational or educational purposes only and is not fiduciary investment advice, or a securities, investment strategy, or insurance product recommendation. This material does not consider an individual's own objectives or circumstances which should be the basis of any investment decision.

Investment products may be subject to market and other risk factors. See the applicable product literature or visit TIAA.org for details.

Investment, insurance, and annuity products are not FDIC insured, are not bank guaranteed, are not deposits, are not insured by any federal government agency, are not a condition to any banking service or activity, and may lose value.

TIAA-CREF Individual & Institutional Services, LLC, Member FINRA, distributes securities products. Annuity contracts and certificates are issued by Teachers Insurance and Annuity Association of America (TIAA) and College Retirement Equities Fund (CREF), New York, NY. Advisory services are provided by Advice & Planning Services, a division of TIAA-CREF Individual & Institutional Services, LLC, a registered investment adviser. Each is solely responsible for its own financial condition and contractual obligations.

©2024 Teachers Insurance and Annuity Association of America-College Retirement Equities Fund, New York, NY

4097322-0625